

# **Sunshine Project**



A 2-year action research project working with a small group of families in Rockingham/Kwinana to enhance their access to healing, supportive relationships, learning, opportunities, capital and other resources to find their way to the good life.

#### Progress Update August 2022



#### **New Worker**

Newly recruited Families Facilitation Coach Beth Webster onboarded and continuing relationship building, quick wins with families, building their connection with local community. groups and services.





## **Co-design Mapping**

This month has involved deep design mapping with families to learn from their lived experience of:

- Their journey so far- key events/reflections
- Formal and informal social connections- Who helps them and who they help
- Getting resources when you need them- food, money and debt
- Impact of COVID on accessing services and resources.

## **Steering Group**

The Steering Group has continued to meet 6 weekly. Having our lived experience representative on the Steering Group has added new perspectives about practical and therapeutic supports to consider.



### **Clinical Governance**

Alongside the project work, the team has been developing its approach to scaffolding safety around families, in regular consultation with Anglicare's Practice Excellence team and Ruah's social workers about risk, safety and self-care.

#### **Social Work Student**

Social Work student Shenae Taylor (right) is doing her final Year practicum placement with Ruah, under the guidance of Amy De Klerk (left) and has been working with the Sunshine Project team, contributing to mapping and literature reviews.





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#### Progress Update April 2022







#### Conversations about what followed 100 Families NZ

- Dame Diane Robertson (former CEO of Auckland City Mission)
- Helen Robinson (current CEO of Auckland City Mission)
- Sir Bill English (Former PM of New Zealand)
- The team at Tamaki Regeneration Project and the Whanau by Whanau project (which resulted in part from the 100 Families Project)

### **Next Steps**

- Co-design workshops with families to finish mapping and synthesise all insights:
  - Creative visioning- what could the good life look like for you?
  - Program logic/outcome measures- what would best help you move towards the good life and how will we know if its working?
- Gallery walk for key stakeholders and provocateurs to engage with learning.
- Prepare Insights Report.
- Ideation and prototyping- generate ideas to and develop low cost prototypes to test out over the next year with families to help them move closer to their concept of the good life.

• Continue to build the relationships with local community groups, NFPs, and ACCOs.

• Socialise the project with the Department of Communities and other Stakeholders.

